

29th Annual Activity Professional Weekend Retreat

VIRTUAL

August 16 & 17, 2025

13.5 Hours of Education



Who Should Attend: This weekend retreat offers activity directors, activity assistants, volunteers and facility staff a chance to network and attend educational programs to enhance quality of life with their residents/clients.

Continuing Education: This weekend retreat provides 13.5 contact hours of continuing education which will be accepted by the National Certification Council for Activity Professionals (NCCAP) and the Activity Professionals National Credentialing Center (APNCC); however, these hours may or may not be accepted by other entities or certifying bodies.

General Information: Due to the aftermath of the several year pandemic this retreat will be offered virtually as the camp site does not allow for much physical distancing. This year we have some new presenters and looking forward to great learning experience for Activity Professionals from all levels of care.

Participants can choose to attend the **live** Activity Professional Weekend Retreat (via Zoom) or **request recordings** of the entire retreat—so they are able to watch the educational sessions and then complete a quiz of understanding in order to receive a continuing education certificate.

Saturday, August 16, 2025

8:30—9:00AM — **Welcome, Introductions, General Information**

9:00—10:30AM — **Keep the “Active” in Activity Directing**

Presented by Cathy Hester, ADC

ACTIVE



10:30AM—12:00PM — **Time Management Tools to Support the Activity Professional**

Presented by Timothy Anderson, M.Ed., CDP, CADDCT, ACC/EDU, CPC, CIPG, BM

12:00-1:00PM—Lunch

1:00—2:30PM — **“Connections” & Seniors — Innovative tools that deliver fingertip access to digital activities for the senior care industry.**

Presented by Paula McDowell, www.enrichmentondemand.com



2:30—4:00PM — **Montessori Concepts for Resident Engagement**

Presented by Timothy Anderson, M.Ed., CDP, CADDCT, ACC/EDU, CPC, CIPG, BM

4:00—5:30PM —

GRIEVANCES

Oh My! Verses Resident Council Concerns
Presented by John Collins, CTRS, ACC/EDU

Sunday, August 17, 2025

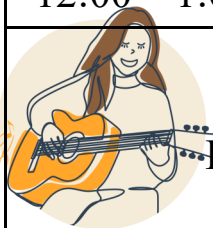
9:00—10:30AM — **ENGAGEMENT** and Meeting the Needs of Everyone
Presented by John Collins, CTRS, ACC/EDU

10:30AM—12:00PM — **DROM for Seniors**—active aging,
to the beat of your own DROM—drumming (the DRUM) and
mindfulness (the OM). Presented by Emily Johnson
Founder, Stronger U Senior Fitness, Canada

DROM™
FOR SENIORS

StrongerU
Senior Fitness

12:00—1:00PM — Lunch



1:00—2:30PM — **Sparking Joy and Connection: Seven Ways to
Infuse Music into Dementia Care**

Presented by Alexis Baker, MT-BC, CDP and Lindsey Bretzman, ADC, CDP
Bridgetown Music Therapy, Lake Oswego, Oregon

2:30—4:00PM — **Understanding QAPI** (Quality Assurance
and Performance Improvement) **and Activities**
Presented by John Collins, CTRS, ACC/EDU

QAPI

- - - - - **REGISTRATION FORM** - - - - -

NAME: _____
FACILITY: _____
ADDRESS: _____
EMAIL: _____

Select:
Live: _____
Recording: _____

TELEPHONE: W (____) _____; Cellular (____) _____

Make check payable to Collins Healthcare Education, Inc. and mail to:

P.O. Box 780251, Orlando, FL 32878-0251 For more information contact (407) 282-9647, (407) 435-5242 cell/text, collinshealthedu@aol.com or www.collinshealthedu.com.

**Registration fee for all educational
sessions. Limit of 100 live participants—
no exceptions—those who register and pay
first will be provided additional information.**

\$100.00 (if paid by 5/1)
\$120.00 (if paid after 5/2)

Registration Fee: \$ _____ Check
has been sent to the PO Box addressed
above. _____

**Payment can be made on
www.collinshealthedu.com website—
go to Registration Form tab—complete
information. If paying using a PayPal
account use the pull down and select**

Activity Education, then select the appropriate amount based on when you are paying.
No refunds after August 1, 2025. All refund requests must be in writing and will be charged a 25%
administrative fee. If special needs are needed, please contact the Retreat Coordinator in advance.